

PACK LIKE A PRO

Get your trip off to a stress-free start with our easy checklist of holiday essentials.

You won't need everything we've listed, but it might stop you forgetting something important.



DON'T PACK YOUR LIFE

- Don't pack your entire beauty routine.
- Don't pack more than one guidebook.
- Don't pack your jewellery and valuables.
- Don't pack unnecessary gadgets.
- Don't pack things you can buy there.

TOP PACKING TIPS

- Roll your clothes – it maximises space.
- Pack your toiletries into zip-lock bags rather than bulky cases.
- Pack earplugs for the flight – you never know who will be sitting behind you!
- Pack an empty plastic bottle in your carry-on to fill with water once you are through security.

TRAVEL DOCUMENTS AND THE ESSENTIALS

- | | |
|---|---|
| <input type="checkbox"/> Car rental confirmations | <input type="checkbox"/> Hotel reservations |
| <input type="checkbox"/> Cash | <input type="checkbox"/> Insurance information |
| <input type="checkbox"/> Contact info for credit card companies | <input type="checkbox"/> International calling card or roaming |
| <input type="checkbox"/> Credit and ATM cards | <input type="checkbox"/> Medical and vaccination records |
| <input type="checkbox"/> Travel documents (plane, train, cruise, other) | <input type="checkbox"/> Membership cards (AAA, frequent flyer) |
| <input type="checkbox"/> Day pack | <input type="checkbox"/> Money belt/pouch |
| <input type="checkbox"/> Driver's licence and photocopy | <input type="checkbox"/> Passport, visa(s) and photocopies |
| <input type="checkbox"/> E-tickets | <input type="checkbox"/> Travel money card |
| <input type="checkbox"/> Guidebook(s) | |

TRAVEL DOCUMENTS AND THE ESSENTIALS

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|---|---|
| <input type="checkbox"/> Body lotion | <input type="checkbox"/> Hair dryer |
| <input type="checkbox"/> Clothes line | <input type="checkbox"/> Hand sanitiser |
| <input type="checkbox"/> Cologne/perfume | <input type="checkbox"/> Lip balm |
| <input type="checkbox"/> Conditioner | <input type="checkbox"/> Moist towelettes |
| <input type="checkbox"/> Contact lenses and solution | <input type="checkbox"/> Mouthwash |
| <input type="checkbox"/> Cosmetics | <input type="checkbox"/> Nail clippers |
| <input type="checkbox"/> Cotton swabs | <input type="checkbox"/> Razors and shaving cream |
| <input type="checkbox"/> Curling iron/hair straightener | <input type="checkbox"/> Shampoo |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Soap |
| <input type="checkbox"/> Eye drops | <input type="checkbox"/> Tissues/paper towels |
| <input type="checkbox"/> Face wash | <input type="checkbox"/> Toiletry bag |
| <input type="checkbox"/> Feminine hygiene products | <input type="checkbox"/> Toothbrush |
| <input type="checkbox"/> Floss | <input type="checkbox"/> Toothpaste |
| <input type="checkbox"/> Glasses | <input type="checkbox"/> Towel/wash cloth |
| <input type="checkbox"/> Hairbrush or comb | <input type="checkbox"/> Universal sink stopper |
| <input type="checkbox"/> Haircare products | |

CLOTHING AND ACCESSORIES

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| <input type="checkbox"/> Beach cover-up | <input type="checkbox"/> Scarf |
| <input type="checkbox"/> Belt | <input type="checkbox"/> Shirts |
| <input type="checkbox"/> Comfortable walking shoes | <input type="checkbox"/> Shorts |
| <input type="checkbox"/> Dress(es) | <input type="checkbox"/> Shower shoes |
| <input type="checkbox"/> Dress shoes | <input type="checkbox"/> Slippers |
| <input type="checkbox"/> Extra hangers | <input type="checkbox"/> Socks |
| <input type="checkbox"/> Gloves/mittens | <input type="checkbox"/> Stockings |
| <input type="checkbox"/> Hiking boots | <input type="checkbox"/> Suits and ties |
| <input type="checkbox"/> Jacket/fleece | <input type="checkbox"/> Sweaters |
| <input type="checkbox"/> Jewellery | <input type="checkbox"/> Sweatshirts |
| <input type="checkbox"/> Knit hat | <input type="checkbox"/> Swimsuit |
| <input type="checkbox"/> Long underwear | <input type="checkbox"/> Runners |
| <input type="checkbox"/> Pyjamas/sleepwear | <input type="checkbox"/> T-shirts |
| <input type="checkbox"/> Pants/trousers | <input type="checkbox"/> Underwear |
| <input type="checkbox"/> Rain boots | <input type="checkbox"/> Watch |
| <input type="checkbox"/> Raincoat | <input type="checkbox"/> Water shoes |
| <input type="checkbox"/> Sandals | <input type="checkbox"/> Hat |

MEDICATIONS AND HEALTH

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| <input type="checkbox"/> Allergy pills | <input type="checkbox"/> Motion sickness remedies |
| <input type="checkbox"/> Anti-itch cream | <input type="checkbox"/> Nausea and diarrhoea remedies |
| <input type="checkbox"/> Bandages | <input type="checkbox"/> Pain relievers |
| <input type="checkbox"/> Cold medicine | <input type="checkbox"/> Prescriptions and letter from your doctor |
| <input type="checkbox"/> Contraceptives | <input type="checkbox"/> Sleep medications |
| <input type="checkbox"/> First-aid kit | <input type="checkbox"/> Vitamins |
| <input type="checkbox"/> Herbal supplements | <input type="checkbox"/> Water purification method |
| <input type="checkbox"/> Malaria tablets | |

GADGETS

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| <input type="checkbox"/> Camera and charger | <input type="checkbox"/> Laptop and accessories |
| <input type="checkbox"/> Converters and adaptors | <input type="checkbox"/> Spare batteries |
| <input type="checkbox"/> Extension cord(s) | <input type="checkbox"/> Tablet/e-reader and charger |
| <input type="checkbox"/> Extra memory cards or film | <input type="checkbox"/> Travel alarm clock |
| <input type="checkbox"/> GPS | <input type="checkbox"/> Video camera and charger |
| <input type="checkbox"/> Mobile phone and charger | |

ON THE PLANE, TRAIN OR CRUISE

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|---|--|
| <input type="checkbox"/> Books or magazines | <input type="checkbox"/> Clear zip-lock bag for liquids/gels |
| <input type="checkbox"/> Earplugs | <input type="checkbox"/> Travel blanket |
| <input type="checkbox"/> Eye mask | <input type="checkbox"/> TSA-approved luggage locks |
| <input type="checkbox"/> Inflatable pillow | |